

### Academy Place Residence

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### Residential Treatment Facility

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### Neil Hellman School

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### Short-Term Crisis Stabilization

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### New Karner Road Offices

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We began serving the people of Albany in 1829 as the Ladies Orphan Society to provide shelter, care, and education to orphaned, neglected, and abused children. Today we operate residential, clinical, educational, and administrative facilities throughout Albany County.

### Residential Services

- ✓ Academy Place, a 24-bed residential facility with units designed to deliver multiple levels of care
- ✓ the Residential Treatment Facility, a 14-bed intensive program for youth who have exhibited mental health symptoms with a pattern of psychiatric interventions and hospitalizations
- ✓ Group homes and community residences where youth focus on community integration and developing independent living skills

**Educational services** include the Neil Hellman School, an 853 special education facility serving 130 students in grades 1–12

### Behavioral Health Services

- ✓ The Behavioral Health Center on New Karner Road, a New York State Office of Mental Health–licensed outpatient counseling facility serving the public
- ✓ Short-Term Crisis Stabilization, overnight therapeutic programs for youth ages 5–17 experiencing a period of acute stress, mental health issues, or psychiatric crisis that requires a 24/7 staff-secured (nonhospital) setting
- ✓ OnTrackNY, an intensive support program for young adults dealing with early-onset psychosis

**Community-based programs**, including case management, prevention, foster care, supervised visitation, parent education, and clinical services for children and families, are located at multiple Schenectady offices and serve thousands of people each year.

The **Sidney Albert Training and Research Institute (SATRI)**, a professional training organization that collaborates with businesses, human service agencies, school districts, and institutes of higher learning to provide training opportunities to professionals, community members, children, and families.

**Foster Care** provides comprehensive support for foster children, foster parents, and biological family to work toward reunification and permanency goals. Northern Rivers currently supports more than 50 foster homes in Albany County.

### Our Challenge

Residents and students face a spectrum of mental, emotional, behavioral, and social challenges. They are placed with us by their county or school district because they feel we are the right place for them to receive care.

Staff are trained and then receive ongoing training to diffuse conflict and deescalate crises, including Therapeutic Crisis Intervention (TCI) training and Positive Behavior Interventions and Supports (PBIS) training.