

## School-Based Behavioral Health Services

School-Based Behavioral Health Services places a Northern Rivers-staffed and operated, NYS Office of Mental Health licensed mental health clinic inside schools throughout the region, allowing easier access to services. For information, call 518.426.2687. These services are offered in many school districts including those listed below.\*

### Albany County

- Albany City School District
- South Colonie Central School District

### Saratoga County

- Ballston Spa Central School District
- Saratoga Springs City School District
- Stillwater Central School District

### Schenectady County

- Schenectady City School District

### Warren County

- Queensbury Union Free School District

### Washington County

- Cambridge Central School District
- Hartford School District

\*Visit [www.northernrivers.org](http://www.northernrivers.org) for the most current list of School-Based Behavioral Health locations.



Founded where the Mohawk and Hudson meet, like the rivers that shaped our region, Northern Rivers Family of Services helps change lives by shaping the future of those we serve throughout the Capital Region and beyond. Northern Rivers is a family of human services agencies that work together and are committed to helping children, adults, and families.

Formed in 2012, Northern Rivers is the parent organization to Northeast Parent & Child Society (founded in 1888 in Schenectady) and Parsons Child & Family Center (founded in 1829 in Albany). Our quality of care, depth of programs, combined size, and passion for the mission make us a leading human services provider.

Informed by our nearly 200-year heritage, our 1,400-strong workforce provides services for 16,000 children, adults, and families throughout 35 counties throughout upstate New York.

**Main Office**  
**60 Academy Road**  
**Albany, NY 12208**

[www.northernrivers.org](http://www.northernrivers.org)



# BEHAVIORAL HEALTH CENTERS



## Who We Are

The Behavioral Health Centers are NYS Office of Mental Health–licensed outpatient clinics in the community and in many local school districts that provide outpatient mental health treatment services to individuals age 64 and younger who are experiencing social, emotional, family, or mental health related challenges. Our team of social workers, mental health clinicians, nurses, and prescribers provides compassionate, trauma-informed, person-centered care with the goal of helping individuals be successful in all aspects of life.

## Available Services

We provide comprehensive screening to identify social, emotional, and behavioral concerns, individual and family therapy for children and adults; and psychiatric evaluation and medication management to assist with challenges including:

- Defiant or oppositional behavior
- Attention problems and hyperactive behavior
- Coping with loss
- Depression/withdrawn behavior
- Lying and stealing
- Bullying
- Attachment and bonding
- Mood swings
- Managing traumatic events
- Suicidality
- Sexual identity
- Military life

## How to Get Started

The Behavioral Health Centers are open Monday through Friday, with evening appointments available. We accept most insurance, including Medicaid and Child Health Plus. A sliding fee scale is available for those without insurance.

Any service provider, parent, caregiver, or adult may make a referral. Our Client Engagement Specialists are waiting to answer any questions you may have and schedule an appointment with one of our clinicians at a convenient community location.

Call **518.426.2687** to get started.

## Service Area

From three conveniently-located offices, our Behavioral Health Centers serve clients in Albany, Saratoga, Schenectady, Warren, and Washington counties.

Behavioral Health Center  
401 New Karner Road  
Albany, NY 12205  
518.431.1650

Behavioral Health Center  
530 Franklin Street  
Schenectady, NY 12305  
518.381.8911

Behavioral Health Center  
2452 U.S. Rt. 9  
Malta, NY 12020  
518.292.5433

## Additional Services

### Assertive Community Treatment

Coming in January 2018, our Assertive Community Treatment (ACT) team provides treatment, rehabilitation, and support services to individuals in Warren and Washington counties diagnosed with a severe and persistent mental illness. Our mobile, multidisciplinary team works with clients in community settings to help them achieve personally meaningful goals and life roles. Referrals go through the County Office of Community Services.

### Home-Based Crisis Intervention

The Home-Based Crisis Intervention (HBCI) program is an intensive, 4- to 6-week in-home service for families in Saratoga, Warren, and Washington counties who have a child ages 5–17 at risk of out-of-home placement or hospitalization. Our team provides 24/7 on-call home- and community-based support to help resolve conflicts, strengthen parenting skills, and find peaceful solutions. For information, call 518.292.5434.

### Mobile Crisis Services

Our Mobile Crisis Services teams provide rapid-response, community-based mental health crisis services to children and adults in need in Albany (child and adolescent services only), Rensselaer, Saratoga, Schenectady, Warren, and Washington counties. Teams are comprised of licensed clinical supervisors and clinicians, family advocates, peer support specialists, and case managers. Call 518.292.5499 for immediate crisis support.

### OnTrackNY

The OnTrackNY team provides support to young people ages 16–30 from throughout the area who have recently begun experiencing symptoms of psychosis to help them achieve their educational and/or employment goals, maintain healthy relationships, and improve life satisfaction. For information, call 518.292.5451.