

Is your child...

- Spending too much time alone?
- More easily irritated or crying more than normal?
- Having problems focusing or sitting still?

SCHOOL-BASED BEHAVIORAL HEALTH

is the answer – right down the hall.

Our services are...

- Provided only by parent or guardian request
- Delivered by Northern Rivers staff licensed by the NYS Office of Mental Health
- A partnership between students, parents, clinicians, and school personnel
- Held right in the school, during the school day

Call one of our **Client Engagement Specialists at 518.426.2687**



*I'm Michelle Dillon,
and I'm here to help*

Michelle Dillon, LMHC
School-Based Clinician
Northern Rivers Family of Services
City School District of Albany
Albany International Center
50 North Lark Street, Albany, NY
12204 518.475.6614

NORTHERNRIVERS