

Is your child...

- Spending too much time alone?
- More easily irritated or crying more than normal?
- Having problems focusing or sitting still?

SCHOOL-BASED BEHAVIORAL HEALTH

is the answer – right down the hall.

Our services are...

- Provided only by parent or guardian request
- Delivered by Northern Rivers staff licensed by the NYS Office of Mental Health
- A partnership between students, parents, clinicians, and school personnel
- Held right in the school, during the school day

Call one of our **Client Engagement Specialists at 518.426.2687**



*I'm Emma Gleason,
and I'm here to help*

Emma Gleason, MHC-LP, NCC
School-Based Clinician
Northern Rivers Family of Services

Niskayuna Central School District
Niskayuna High School
1626 Balltown Road, Niskayuna, NY 12309
518.344.2973

NORTHERNRIVERS