

# SHORT-TERM CRISIS STABILIZATION INTAKE AND ASSESSMENT REFERRAL FORM (NORTH STAR AND HEALY HOUSE)

*For use by Northern Rivers Family of Services and member agencies*

Please complete this intake assessment form to describe your recent mental health evaluation of the youth being referred, which is the basis on which the youth's admission is determined. **The face-to-face contact with the youth must have occurred within 48 hours of referral/admission. Please call 518.292.5499 to initiate the referral through our crisis line and then you'll be asked to fax this form in completion to 518.252.6445.**

## **A** Identifying Information

\_\_\_\_\_  
Youth's name

\_\_\_\_\_  
Youth's date of birth

\_\_\_\_\_  
Parent's or guardian's name

\_\_\_\_\_  
Date of evaluation

\_\_\_\_\_  
Address

\_\_\_\_\_  
Phone number

\_\_\_\_\_  
Race

\_\_\_\_\_  
Ethnicity

\_\_\_\_\_  
Sexual orientation

\_\_\_\_\_  
Gender identity

\_\_\_\_\_  
Medicaid or insurance ID number (include sequence number)

\_\_\_\_\_  
Youth's social security number (required)

## **B** Description of Crisis Situation/Rationale for Admission

Provide specific details about behaviors youth is exhibiting and insight into contributing factors. Also include statement on purpose of an admission:

## **C** Brief Psychosocial Description

Developmental; family; prior mental health treatment; neglect, physical, or sexual abuse; substance abuse; physical health; schooling; religion; leisure time:

**D** **Current Mental Status Exam**

Describe appearance, attitude, and behavior:

Describe thought processes and content:

Describe perceptual disorder:

Describe mood and affect:

Describe any suicidal or homicidal ideation and behavior:

Describe cognitive functioning (orientation, memory, insight, and judgement):

**E** **Psychiatric DSM-V Diagnosis**

All mental and medical diagnoses (list all codes):

**F Past and Present Risks**

Suicidal or homicidal ideation or self-injurious behaviors :

Aggressive behavior or need for physical restraints/PRN medication (if yes, frequency and last need):

History of inpatient hospitalization and reason for admission (within last 6 months):

History of other high risk behaviors (fire-setting behaviors, sexualized behaviors, running away, substance abuse):

**G Current Medication**

Attach signed medication order that includes the following, which is required for admission:

MEDICATION	DOSAGE/TIMES	PRESCRIBING PHYSICIAN	PHYSICIAN'S PHONE NUMBER

**H Current Providers**

NAME	CONTACT INFORMATION	AGENCY (I.E. HEALTH HOMES, PREVENTION, CPS, CLINICIAN, ETC.)

**I Additional Information**

Can youth independently complete hygiene routines? (If no, please explain assistance needed.)

Is youth able to understand and follow policy and procedures?

**J Description of Youth's Needs and Strengths/Goals for the Youth and Family**

Assessment of youth's strengths and needs; goals for youth and family to be addressed:

**K Discharge Plan**

What skills need to be obtained in order to discharge, service needs, and where youth will reside after discharge:

\_\_\_\_\_  
Licensed Behavioral Health Provider signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Licensed Behavioral Health Provider name (print)

\_\_\_\_\_  
Phone number

\_\_\_\_\_  
Licensed Behavioral Health Provider email address