

# POST-HOLIDAY SCREENING FOR STUDENTS

Student's name \_\_\_\_\_

Date \_\_\_\_\_

The Administrative Team would like to wish you and your family a very Happy Thanksgiving! Because this is a time for families to gather with their loved ones, some of whom they haven't seen in quite some time (especially with the COVID-19 pandemic), we would like to ask parents to be a bit extra cautious when sending children back to school.

- ✓ Parents and caregivers must monitor their children for signs of infectious illness and to assess their risk for exposure before they return to school.
- ✓ Students who are sick or at high risk for infection cannot attend school in person.

*Parents and guardians, please complete this short checklist and return it to Matt Bitten (Matthew.Bitten@nrfs.org) for Neil Hellman students or Rosemary Fera (Rosemary.Fera@nrfs.org) for School at Northeast students on Sunday, Nov. 29. If this is not possible, you may return this completed copy with your child when he or she returns to school after the holiday.*

## SECTION 1: Symptoms

If your child has any of the following symptoms, that indicates a possible illness that may decrease their ability to learn and also put them at risk for spreading illness to others. **Please check your child for these symptoms:**

- |  |   |
|--|---|
| <input type="checkbox"/> Temperature 100.4° F or higher        | <input type="checkbox"/> New, uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline) |
| <input type="checkbox"/> Sore throat                           | <input type="checkbox"/> New onset of severe headache, especially with a fever  |
| <input type="checkbox"/> Diarrhea, vomiting, or abdominal pain |   |

*If you have checked any of the boxes above, please keep your child home from school today and contact your healthcare provider. We ask that you follow your healthcare provider's recommendation and report this information to your child's clinician at our school.*

## SECTION 2: Close Contact and Potential Exposure

- My child **HAS NOT** had close contact (within 6 feet for at least 15 minutes) with a person with confirmed COVID-19, or who is currently quarantined due to suspected COVID-19 infection, or who has travel to/from a Students who have been exposed to the COVID-19 virus will be required to travel-restricted state.
- My child **HAS NOT** traveled outside of New York state or its neighboring states (CT, MA, NJ, PA, VT).

*If you have **NOT** checked **BOTH** boxes, please keep your child home today and contact your child's clinician to report this information. The school requires that individuals who may have been exposed to the COVID-19 virus contact the Department of Health and follow the department's recommendations. This must be reported to the school so that we can plan for distance learning, if necessary. Students who have been exposed to the COVID-19 virus will be required to quarantine and remain symptom-free before returning to in-person learning. The release of an individual from quarantine and return to school will be conducted in coordination with the local health department.*

## SECTION 3: Travel Quarantine Guidelines

Effective November 4, New York state will no longer maintain its Travel Advisory list and has transitioned to a new travel testing policy, which no longer maintains a quarantine list or state metrics. Instead, those traveling to New York from a noncontiguous (nonborder) state must take a COVID-19 test before traveling and after arriving. (Connecticut, Massachusetts, New Jersey, Pennsylvania, and Vermont are states contiguous to New York and are therefore exempt.)

NORTHERNRIVERS

## What the New Guidelines Require

For travelers who were in another noncontiguous state for more than 24 hours:

- ✓ Travelers must obtain a test within 3 days of departure from that state.
- ✓ The traveler must, upon arrival in New York, quarantine for 3 days.
- ✓ On Day 4 of their quarantine, the traveler must obtain another COVID test. If both tests come back negative, the traveler may exit quarantine early upon receipt of the second negative diagnostic test.

For travelers who were in another noncontiguous state for less than 24 hours:

- ✓ The traveler does not need a test prior to their departure from the other state and does not need to quarantine upon arrival in New York state.
- ✓ However, the traveler must fill out New York's traveler form upon entry into New York state and take a COVID diagnostic test 4 days after his or her arrival in New York.

Local health departments will validate tests, if necessary, and if a test comes back positive, will issue isolation orders and initiate contact tracing. The local health department must make contact with the state the traveler came from to ensure contact tracing proceeds there as well. All travelers must continue to fill out our traveler form upon arrival into New York state to contribute to New York State's robust contact tracing program.

The travel guidelines require all New Yorkers, as well as those visiting from a noncontiguous state, to take personal responsibility for compliance in the best interest of public health and safety. For general inquiries, contact New York's hotline at 888.364.3065.

If you have any questions, please do not hesitate to reach out to any of our senior administrators:

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and Principal  
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Director  
Day Education  
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Or, you may contact me directly:

Kristen Youmans  
Chief Education Officer and Superintendent  
Northern Rivers Family of Services  
Neil Hellman Preschool  
Neil Hellman School  
School at Northeast

We thank you for your cooperation and assistance in keeping our schools a safe place for all of our students, teachers, and staff.

*Best wishes for a safe and  
Happy Thanksgiving!*