

#### **School at Northeast**

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#### **Kris Youmans**

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Program Director Day Education 518.470.7231, ext. 7391 Rosemary.Fera@nrfs.org

# **Getting Started**

The Day Education Program follows the Schenectady City School's regular school calendar (September–June) and provides services for a 6-week summer program (July–August) for those students in need of credit retention, remediation, and/or additional behavioral support.

For additional information on registering for services, please contact:

Amanda Dray Manager, Intake Services 518.372.9423, ext. 7340, Amanda.Dray@nrfs.org.

These services are provided by Northern Rivers Family of Sevices and member agencies.



# Day Education

### The support to help every student achieve

Students attending Northern Rivers Day Education Program live at home and receive intensive counseling and clinician support from professional staff at the Student Counseling Center, which is located next to the School at Northeast. The school is a coed special education program for 152 students in grades 6–12. Our students have not succeeded in a traditional public school setting and come to receive the support they need to graduate from high school.

### **Education Services**

- · Self-contained special educational classrooms
- · Departmentalized middle and high school curriculum
- A comprehensive behavior management system based on the Boys' Town Social Skills Program
- Collaboration with Capital Region BOCES to implement Positive Behavior Interventions and Supports (PBIS) system throughout the school
- Staff trained in Therapeutic Crisis Intervention (TCI)
- · Liaison to Committees on Special Education

#### **Clinical Services**

- · Weekly individual and group counseling
- Biweekly family counseling
- Comprehensive assessment of the child's behavior, family history, education, and health
- Individual education plans and crisis management plans to address each student's and family's unique needs
- · Social, developmental, and independent living skill building
- Linkage with outside services and assistance with advocating for treatment opportunities
- Collaboration with other providers to ensure service continuity
- Visits to the home to prevent truancy and increase family involvement
- Qualified nursing staff
- Case management
- · Extracurricular activities that promote social development
- · School-to-work program
- Transitional planning and support to promote success after graduation

#### Benefits

- Intensive support to families to reduce barriers to student learning
- Assistance to help familiesaccess other services in the community
- Intensive supports to help ensure academic success for students

# **Getting Started**

Referrals are received from local School Districts' Committees on Special Education and counties' Departments of Social Services. For more information on registering for services, contact Amada Dray using the information at left.

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# The Northern Rivers Difference

We work with every youth and family in our care to provide person-centered, client-driven services that helps everyone in our educational programs work toward meaningful goals and achieve success. With small class sizes, a culture based on respect, and our use of hands-on, alternative, and experiential teaching methods in conjunction with traditional traditional instruction, we do everything in our power to ensure student success.

Northern Rivers is guided by a set of universally accepted principles that guide the actions of every member of our family. We organize these values through the acronym **HOPE**.

**Honor:** To help others is the highest calling; we strive to do what is right for those in our care.

Optimism: We believe things can get better if we work together, aim higher, and set meaningful goals.

**Progress:** Every day provides an opportunity to improve, and we promise to continue striving.

**Excellence:** We hold ourselves to the highest standards, because our communities deserve the best from us.

