

NO PURCHASE OR PAYMENT NECESSARY TO ENTER OR TO WIN.

The Sweepstakes is open only to Northern Rivers Family of Services employees. The Sweepstakes begins 12:01 AM EST July 9, 2018 and ends 11:59 PM EST August 9, 2018. See below for full rules.

**NORTHERN RIVERS FAMILY OF SERVICES / HEALTHJOY SWEEPSTAKES
("SWEEPSTAKES") OFFICIAL RULES**

1. NO PURCHASE OR PAYMENT NECESSARY TO ENTER OR TO WIN. VOID WHERE PROHIBITED.

2. SPONSOR: The sponsor of the Sweepstakes is Northern Rivers Family of Services ("Sponsor"), 60 Academy Road, Albany, NY 12208.

3. PROMOTION PERIOD: The Sweepstakes begins at 12:01 AM EST July 9, 2018 and ends at 11:59 PM EST on August 9, 2018 ("Promotion Period"). A total of six (6) winners will be randomly selected and notified on the Drawing Date, as further described below in Section 6. Pamela Silkowski's computer is the official time keeping device for the Sweepstakes.

4. ELIGIBILITY: The Sweepstakes is open only to Sponsor's employees that are eligible to use the HealthJoy, LLC ("HealthJoy") software application ("App") (these employees are each individually referred to as an "Entrant"). Employees of HealthJoy, and the foregoing entity's affiliates, franchisees, authorized designees and other related entities, and any other individual or entity associated with the development, judging, or administration of the Sweepstakes (collectively, the "Promotion Entities"), as well as members of such employees' immediate families (spouses, children, siblings, parents), and persons living in the same household as such persons, whether or not related, are not eligible to participate in the Sweepstakes.

5. HOW TO ENTER: You will need to login and activate your HealthJoy account ("Account") to participate in the Sweepstakes. If you don't already have an Account, please let a Human Resources representative from Sponsor know and he/she will work with HealthJoy to get the account created and the activation information to you as soon as possible.

By the expiration of the Promotion Period, Entrants will need to login to and activate their App. You will receive one (1) automatic entry into the Sweepstakes for completing the above steps by the conclusion of the Promotion Period.

If you participate via your wireless phone, message and data rates may apply. Please consult your wireless-service provider regarding its message and data pricing plans.

Limit: Each Entrant can enter only once and only by completing the steps for entry detailed above in Section 5.

6. WINNER SELECTION; PRIZES: Sponsor will randomly select the winner utilizing data provided by HealthJoy about which Sponsor employees completed the steps in Section 5. Six (6) winners will be randomly selected on or about August 15, 2018 (“Drawing Date”). The winner will win one (1) of six (6) \$100 gift cards (with the type of gift card to be designated by Sponsor) (collectively, the “Prizes”). The total approximate retail value (“ARV”) of the Prizes is \$600.00. No cash alternative or substitution of prizes will be allowed. **WINNERS ARE RESPONSIBLE FOR REPORTING AND PAYING ANY AND ALL INCOME, SALES OR EXCISE TAXES THAT MAY APPLY TO ACCEPTING PRIZES; SPONSOR IS NOT RESPONSIBLE FOR AND WILL NOT PAY ANY SUCH TAXES.**

7. ODDS: Many will enter; only six (6) will win. The odds of winning depend upon the number of eligible entries received. Sponsor cannot accurately predict the number of entrants who will participate in the Sweepstakes.

8. NOTICE TO WINNER: The Winner will be notified before 11:59 PM EST on the Drawing Date by Sponsor. Winners must respond to Sponsor by contacting Pamela Silkowski via email or in person within five (5) days of notification. Sponsor is not responsible for e-mail, telephone or other communication problems of any kind. If, despite reasonable efforts, a potential winner does not respond within five (5) days of the first notification attempt (or such shorter time as exigencies may require), such potential winner will forfeit his or her prize and an alternate winner may be selected.

9. VERIFICATION OF WINNERS: All prizes will be fulfilled within thirty (30) days from the Drawing Date.

10. REPRESENTATIONS AND WARRANTIES; INDEMNIFICATION: Each person who enters the Sweepstakes represents and warrants as follows: (a) the Entry does not and will not violate any applicable laws, and is not and will not be defamatory or obscene; and (b) the Entry complies with all Sponsor guidelines and rules. Each entrant hereby agrees to indemnify and hold the Promotion Entities harmless from and against any and all third party claims, actions or proceedings of any kind and from any and all damages, liabilities, costs and expenses relating to or arising out of any breach or alleged breach of any of the covenants, representations and warranties of entrant hereunder.

11. ENTRANT'S GRANT OF RIGHTS: Sponsor has the right (but not the obligation) to publish any Entrant's name as Sponsor so chooses.

12. MISCELLANEOUS. Acceptance of a prize constitutes winner's permission for the Promotion Entities to use winner's name, photographs, likeness, voice, biographical information, statements and address (city and state) for advertising and/or publicity purposes worldwide and in all forms of media now known or hereafter developed, in perpetuity, without further compensation. Entrants agree that the Promotion Entities (A) shall not be responsible or liable for, and are hereby released from, any and all costs, injuries, losses or damages of any kind, including, without limitation, death and bodily injury, due in whole or in part, directly or indirectly, to participation in the Sweepstakes or any Sweepstakes-related activity, or from Entrants' acceptance, receipt, possession and/or use or misuse of any prize, and (B) have not made any warranty, representation or guarantee express or implied, in fact or in law, with respect to any prize, including, without limitation, to such prize's quality or fitness for a particular purpose.

Sponsor assumes no responsibility for any damage to an Entrant's, or any other person's, mobile device which is occasioned by accessing the App or otherwise participating in the Sweepstakes, or for any computer system, phone line, hardware, software or program malfunctions, or other errors, failures, delayed computer transmissions or network connections that are human or technical in nature. Without limiting the generality of the foregoing, Sponsor is not responsible for incomplete, illegible, misdirected, misprinted, late, lost, damaged, stolen, or postage-due prize notifications; or for lost, interrupted, inaccessible or unavailable networks, servers, satellites, Internet service providers, websites, or other connections; or for miscommunications, failed, jumbled, scrambled, delayed, or misdirected computer, telephone or cable transmissions; or for any

technical malfunctions, failures, difficulties or other errors of any kind or nature; or for the incorrect or inaccurate capture of information, or the failure to capture any information. Sponsor reserves the right in its sole discretion to disqualify any individual who is found to be tampering with the entry process or the operation of the Sweepstakes, to be acting in violation of these Official Rules, or to be acting in an unsportsmanlike or disruptive manner, or with the intent to disrupt or undermine the legitimate operation of the Sweepstakes, or to annoy, abuse, threaten or harass any other person, and Sponsor reserves the right to seek damages and other remedies from any such person to the fullest extent permitted by law. No mechanically reproduced, illegible, incomplete, forged, software-generated or other automated multiple entries will be accepted. Sponsor reserves the right to modify, extend, suspend, or terminate the Sweepstakes if it determines, in its sole discretion, that the Sweepstakes is technically impaired or corrupted or that fraud or technical problems, failures, or malfunctions or other causes beyond Sponsor's control have destroyed or severely undermined or to any degree impaired the integrity, administration, security, proper play and/or feasibility of the Sweepstakes as contemplated herein. In the event an insufficient number of eligible entries are received and/or Sponsor is prevented from awarding prizes or continuing with the Sweepstakes as contemplated herein by any event beyond its control, including but not limited to fire, flood, natural or man-made epidemic of health of other means, earthquake, explosion, labor dispute or strike, act of God or public enemy, satellite or equipment failure, riot or civil disturbance, terrorist threat or activity, war (declared or undeclared) or any federal state or local government law, order, or regulation, public health crisis, order of any court or jurisdiction, or other cause not reasonably within Sponsor's control (each a "Force Majeure" event or occurrence), then subject to any governmental approval which may be required, Sponsor shall have the right to modify, suspend, extend, or terminate the Sweepstakes. If the Sweepstakes is terminated before the designated end date, Sponsor will (if possible) select the winner in a random drawing from all eligible, non-suspect entries received as of the date of the event giving rise to the termination. Inclusion in such drawing shall be each entrant's sole and exclusive remedy under such circumstances.

Only the type and quantity of prize described in these Official Rules will be awarded. These Official Rules cannot be modified or amended in any way except in a written document issued in accordance with law by a duly authorized representative of Sponsor. The invalidity or unenforceability of any provision of these Official Rules shall not affect the validity or enforceability of any other

provision. In the event that any provision is determined to be invalid or otherwise unenforceable or illegal, these Official Rules shall otherwise remain in effect and shall be construed in accordance with their terms as if the invalid or illegal provision were not contained herein.

13. GOVERNING LAW. All issues and questions concerning the construction, validity, interpretation and enforceability of these Official Rules or the rights and obligations of entrants and Sponsor in connection with the Sweepstakes shall be governed by and construed in accordance with the laws of the State of New York without giving effect to any choice of law or conflict of laws rules or provisions. Any legal claims arising out of or relating to the Sweepstakes or these Official Rules must be brought in the federal or state courts located in Albany, New York.

14. RULES AND WINNERS' LIST. To obtain a copy of these Official Rules, please contact Pamela Silkowski via email or in person.