

INTENSIVE FAMILY EMPOWERMENT PROGRAM

Northeast Parent & Child Society's Intensive Family Empowerment Program is a short-term, intensive home-based prevention program that offers a variety of supportive and skill-building services to families whose children are at imminent risk of removal from the home. Children at risk may be disruptive in school, assault others, run away, or engage in vandalism, theft, or drug abuse. By providing intense support, behavior modification plans, skill building, and therapeutic recreation, behaviors are improved allowing the child to remain at home.

Referrals for the Intensive Family Empowerment Program (formerly In-Home Respite Program) are accepted from the Schenectady County Department of Social Services, Department of Probation, and the NYS Office of Mental Health.

AVAILABLE SERVICES

Support services, therapeutic recreation, case management, parent education, skill building, and behavior modification. Experienced, professional clinical case managers meet weekly for a minimum of 6 hours.

- Comprehensive family assessment and/or CANS Assessment completed to identify the family's strengths and needs
- Specific treatment plan addressing the reason for referral with measurable goals, time frames, and interventions
- Minimum of 6 hours of in-home and community-based treatment each week
- Teach new ways of thinking and develop new skills that result in positive behavior changes
- Therapeutic recreation, transportation to weekly clinical appointments, and work closely with school personnel
- Link children and families to community agencies
- Coordinate with other professionals involved in the family's care

BENEFITS

- 6 months' intensive support from experienced clinical case managers
- Improved daily functioning at home, in school, and in the community
- Parents become more understanding of and better prepared to manage their child's behaviors and emotional needs
- Flexible scheduling
- Prevention of placement of children outside the home or in a psychiatric hospital

Who can access services? Any Schenectady County resident children who are referred through the Schenectady County Department of Social Services, Department of Probation, or NYS Office of Mental Health. The program serves children ages 5–17.

How are services accessed? For more information, contact:

Kelly Singsheim, BA
Program Coordinator
518.346.1285, ext. 7571
kelly.singsheim@neparentchild.org

Or contact your local Department of Social Services, Department of Probation, or NYS Office of Mental Health.

When are services available? Monday through Friday with flexible hours available.