

PARENT EDUCATION AND CONSULTATION PROGRAM

Northeast Parent & Child Society's Parent Education and Consultation Program (PECP) integrates a classroom setting, where an evidence-based parenting curriculum (Active Parenting Now or Incredible Years) is presented with home-based parent education and support (as needed) to ensure parents learn and can effectively operationalize key parenting skills within their home. The parenting services are provided by a specially trained and experienced parent educator. Services are provided to parents whose children are at risk of placement or who have already been placed and the parent is working toward reunification with their child(ren). The premise is that teaching effective parent management skills and providing home-based support helps prevent abuse and neglect and reduces the need for placement.

AVAILABLE SERVICES

Specific services offered by the PECP's parent educator include but are not limited to the following:

- Thorough assessment of parenting needs and individualized treatment plan for each participant
- Four 10-week program sessions (two groups offered per session) per year consisting of :
 - A 2- to 3-hour class, once per week for 8- to 10- weeks
 - Classes offered during the day or evening, depending on the parent's schedule
 - In-home consultation as needed
 - Longer class sessions available for children ages 3–8 through Incredible Years Model
- Specialized curricula offered for children ages 1–4, 5–12, and teens through Active Parenting Now (APN) Model and Infants and children ages 3–8 through Incredible Years Model
- Flexible curricula adaptable to parents of all educational levels and family structures, including intact, blended, and single, as well as cooperative parenting for divorced or divorcing parents
- Improvements measured through pre- and post-tests of parental assessment of their child(ren)'s behavior
- Transportation and child care assistance is available as needed for parenting classes

BENEFITS

- Improved relationships between parents and children
- Increased understanding of child development and behavior
- Improved parenting skills
- Greater effectiveness as a parent
- Reduction of risk-related behaviors
- Improved opportunity for children to remain safely within their home, school, and community
- Decreased risk of child maltreatment

Who can access services? PECP specifically targets referrals from the Schenectady County Department of Social Services (including the PINS unit).

How are services accessed? For more information contact:

Wales Brown
Parent Educator/Clinical Case Manager
Parent Education and Consultation Program
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Or the Schenectady County Department of Social Services

When are services available? Day and evening home-based sessions are Monday through Friday. Classes are offered during the daytime or on specific evenings Monday through Friday.