

Training and counseling for work place success

When clients come to Unlimited Potential, our staff of vocational counselors conducts an assessment and develops a plan of action. The plan typically includes individualized training.

Clients have the opportunity to experience production workshops, not only using their current abilities, but also acquiring new skills in a structured situation. Depending on interests, capabilities, and individual action plan, clients may assist in our woodworking shop, our bulk mailing and assembly operations, or in the maintenance and landscaping of our facility.

When clients are ready to look for competitive employment, the Unlimited Potential counselors stay closely involved during the job search. When clients secure outside employment, we continue the counseling relationship, helping our clients retain their job and assisting the employer if an issue arises.



NORTHERNRIVERS

Founded where the Mohawk and Hudson meet, like the rivers that shaped our region, Northern Rivers Family of Services helps change lives by shaping the future of those we serve throughout the Capital Region and beyond. Northern Rivers is a family of human services agencies that work together and are committed to helping children, adults, and families.

Formed in 2012, Northern Rivers is the parent organization to Northeast Parent & Child Society (founded in 1888 in Schenectady), Parsons Child & Family Center (founded in 1829 in Albany), and Unlimited Potential (founded in Saratoga Springs in 1979). Together we serve more than 16,000 children, adults, and families across 35 counties in New York state who struggle with abuse, neglect, trauma, mental health challenges, educational difficulties, career training and employment, and service navigation through an innovative continuum of home-, clinic-, school-, and community-based vocational rehabilitative, supported employment, and senior-supporting programs that provide person-centered, trauma-informed innovative solutions to ensure clients live their best lives.

With a 1,400-strong workforce and informed by our nearly 200-year heritage, our quality of care, depth of programs, combined size, and passion for the mission make us a leading human services provider.

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NORTHERNRIVERS

NORTHEAST PARENT & CHILD SOCIETY
PARSONS CHILD & FAMILY CENTER
UNLIMITED POTENTIAL

TRAINING AND EMPLOYMENT SERVICES FOR INDIVIDUALS WITH MENTAL ILLNESS



Unlimited Potential
Vocational Rehabilitation Center
36 Cady Hill Blvd., P.O. Box 4656
Saratoga Springs, NY 12866
518.587.2851

www.northernrivers.org/UP

Our Mission

Unlimited Potential seeks to increase the vocational opportunities of Saratoga County residents with mental illness by providing training and employment services. Unlimited Potential also seeks to improve the quality of life for eligible seniors through the Golden Club.

Our Philosophy

Work challenges us, rewards us, sometimes frustrates us, but work helps us acquire skills, insight, and know-how. It builds our self-concept as that of a productive, contributing member of society who partakes and who gives back. Unlimited Potential was founded to assist Saratoga County residents diagnosed with a psychiatric illness to find meaningful work.

Established in 1979, Unlimited Potential works with individuals who are in recovery after experiencing mental illness. Mental illness can shake one's confidence and disrupt a life, but with community support and a structured environment like the one Unlimited Potential offers, people are able to regain their confidence and employment.

Next to *family*, work is the CORNERSTONE of our life.

Our Services

Supported Employment

Provides individuals with the supports necessary to choose, find, establish, and maintain a job using a person-centered approach. Employment Specialists work one-on-one with individuals to determine job preparedness, develop job search strategies, and provide on-site job training, support, and advocacy, which includes:

- Career exploration
- Resume preparation
- Interview skills training
- Extended on- and off-site job coaching

Assisted Competitive Employment

Assisted Competitive Employment (ACE) provides all aspects of vocational services including assessment, advocacy, job coaching, job counseling, job-related crisis intervention, benefits counseling, and individualized and ongoing flexible follow-along supports.

Vocational Evaluation

Diagnostic evaluation encompasses Individualized testing programs to help determine what types of careers work best for each client while considering the individuals's unique personality, capabilities, aptitudes, and educational background.



School-to-Work Transition

Transition services support students as they move from high school to the work world and adult life. We offer student assessments on:

- Vocational strengths and abilities
- Independent living skills
- Social and interpersonal skills

Golden Club

Unlimited Potential's Golden Club is a nonprofit social model day program serving eligible individuals age 50 and older who have a psychiatric disability. This senior social club seeks to reduce isolation and increase social interaction through a variety of social, physical, and educational activities.

Find out more about these and other offerings by calling our offices at 518.587.2851 or visiting our website, www.northernrivers.org/UP.